

Diocese of Norwich



**Pilgrimage to the Holy Land
24th February – 2nd March 2020**

Content

Day One: 24th February - Luton to Tel Aviv & Galilee	3
Compline	4
Day Two: Tuesday 25th February - Galilee and Caesarea Philippi	6
Eucharist at Tabgha	9
Mount of the Beatitudes	14
Capernaum	15
On the Lake	16
Caesarea Philippi	17
Compline	19
Day Three: Ash Wednesday 26th February - Cana, Nazareth and Mount Tabor	21
At Nazareth	25
Mount Tabor	26
Day Four: Thursday 27th February – Jordon Valley and Baptismal Site, Jericho, Dead Sea & Bethlehem	34
At Jericho	36
Bethlehem – Evening Prayer	37
Day Five: Friday 28th February – Church of the Nativity, Bethlehem University, Shepherds Fields and Refugee Camp	40
Refugee Camp	49
Day Six : Saturday 29th February – Jerusalem	51
Dominus Flevit	52
Garden of Gethsemane - All Nations Church	53
House of Caiaphas	55
Upper Room	57
Domitian Abbey	58
St Anne and the Pool of Bethesda - Prayers for healing with the Laying on of Hands	59
Via Dolorosa and Church of the Holy Sepulchre Stations of the Cross	62
The Western Wall	63
Night Prayer	64
Day Seven: Sunday 1st March - Jerusalem - St George’s Cathedral	66
Day Eight Monday 2nd – Jerusalem and Travel Home	71
Abu Gosh	72
Pilgrim Prayers	78
NIGHT PRAYER Continued	79

Day One: 24th February - Luton to Tel Aviv & Galilee

Prayers as we travel to the airport

Leader: We thank you, Lord for your goodness to us; for the health and strength that enables us to travel.

All: **Blessed be God for ever!**

Leader: We thank you, Lord, for the beauty of your creation and especially today for the opportunity to experience other lands and cultures.

All: **Blessed be God for ever!**

Leader: We thank you, Lord, for friends and company, especially for our fellow pilgrims. Help us to grow in love and unity.

All: **Blessed be God for ever!**

Leader: We thank you, Lord, for the means to travel, especially for the train or coach and aeroplane in which we will travel today. Help us to go with care and safety.

All: **Blessed be God for ever!**

Leader: We thank you, Lord, for saints and pilgrims from the past and especially for Christ our Saviour who travelled this earth before us. Help us to follow in his footsteps and so to spread the good news of your love to all people.

All: **Blessed be God for ever!**

Heavenly Father, protector of all who trust in you, you led your people in safety across the wilderness, and brought them to a land of plenty. Guide us your faithful people as we make our journey. Fill us with your spirit of love. Preserve us from all harm and bring us in safety to our destination. We ask this in the name of Jesus Christ, your Son, our Lord. **Amen.**

Compline

Leader: The Lord almighty grant us a quiet night and a perfect end.

All: **Amen.**

Leader: Our help is in the name of the Lord;

All: **Who made heaven and earth.**

A period of silence follows for reflection on the past day.

We then say together:

**Most merciful God, we confess to you,
before the whole company of heaven and one
another,
that we have sinned in thought, word and deed,
and in what we have failed to do.
Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

Hymn | *The Compline Hymn*

Psalm 121

I lift up my eyes to the hills -
from where will my help come?
My help comes from the Lord,
who made heaven and earth.
He will not let your foot be moved;
he who keeps you will not slumber.
He who keeps Israel
will neither slumber nor sleep.
The Lord is your keeper;
the Lord is your shade at your right hand.
The sun shall not strike you by day,
nor the moon by night.
The Lord will keep you from all evil;
he will keep your life.
The Lord will keep
your going out and your coming in
from this time on and for evermore.

Reading Isaiah 58.6, 7

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Compline continues on page 78

Concluding Prayer

Pilgrim God,
You are our origin and our destination.
Travel with us, we pray, in every pilgrimage of faith,
and every journey of the heart.
Give us the courage to set off,
the nourishment we need to travel well,
and the welcome we long for at our journey's end.
So may we grow in grace and love for you
and in the service of others.
through Jesus Christ our Lord. **Amen**

Day Two: Tuesday 25th February - Galilee and Caesarea Philippi

Morning Prayer on the Shore of Lake Galilee

Leader: O Lord open our lips,

All: **and our mouth shall proclaim your praise.**

Leader: Hear our voice, O Lord, according to your faithful love

All: **according to your judgement give us life.**

Leader: Blessed are you, God of compassion and mercy, to you be praise and glory for ever. In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance. As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise. Blessed be God, Father, Son, and Holy Spirit.

All: **Blessed be God for ever**

Hymn 2 *New every morning is the love*

Leader: The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept

Leader: As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

All: **Amen.**

Psalm 29

Ascribe to the Lord, O heavenly beings,
ascribe to the Lord glory and strength.
Ascribe to the Lord the glory of his name;
worship the Lord in holy splendour.
The voice of the Lord is over the waters;
the God of glory thunders,
the Lord, over mighty waters.
The voice of the Lord is powerful;
the voice of the Lord is full of majesty.
The voice of the Lord breaks the cedars;
the Lord breaks the cedars of Lebanon.

He makes Lebanon skip like a calf,
and Sirion like a young wild ox.
The voice of the Lord flashes forth flames of fire.
The voice of the Lord shakes the wilderness;
the Lord shakes the wilderness of Kadesh.
The voice of the Lord causes the oaks to whirl,
and strips the forest bare;
and in his temple all say, 'Glory!'
The Lord sits enthroned over the flood;
the Lord sits enthroned as king for ever.
May the Lord give strength to his people!
May the Lord bless his people with peace!

Reading *John 21: 1-19*

After these things Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, 'I am going fishing.' They said to him, 'We will go with you.' They went out and got into the boat, but that night they caught nothing.

Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, 'Children, you have no fish, have you?' They answered him, 'No.' He said to them, 'Cast the net to the right side of the boat, and you will find some.' So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, 'It is the Lord!' When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the lake. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off.

When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, 'Bring some of the fish that you have just caught.' So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, 'Come and have breakfast.' Now none of the disciples dared to ask him, 'Who are you?' because they knew it was the Lord. Jesus came and took the bread and

gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, 'Simon son of John, do you love me more than these?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Feed my lambs.' A second time he said to him, 'Simon son of John, do you love me?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Tend my sheep.' He said to him the third time, 'Simon son of John, do you love me?' Peter felt hurt because he said to him the third time, 'Do you love me?' And he said to him, 'Lord, you know everything; you know that I love you.' Jesus said to him, 'Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go.' (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, 'Follow me.'

followed by silent reflection

The Lord's Prayer and Pilgrim Prayer (page 78)

Eucharist at Tabgha

Christ the Bread of Life

Celebrant: Grace, mercy and peace from God our Father, and the Lord Jesus Christ be with you;

All: **and also with you.**

Celebrant: Jesus said, I am the bread of life whoever comes to me will never be hungry. As we come to receive Christ in this sacrament let us lay before him our sins and shortcomings, seeking his forgiveness and asking him to dwell in us and to sustain us with his life.

Your unfailing kindness, O Lord, is in the heavens, and your faithfulness reaches to the clouds:

Lord, have mercy.

All: **Lord, have mercy.**

Celebrant: Your righteousness is like the strong mountains, and your justice as the great deep:

Christ have mercy.

All: **Christ have mercy**

Celebrant: For with you is the well of life: and in your light shall we see light:

Lord, have mercy.

All: **Lord, have mercy.**

Celebrant: May almighty God have mercy upon you and forgive you your sins, through Jesus Christ our Lord. **Amen.**

Collect

Lord Jesus we thank you that in this wonderful sacrament you have given us a memorial of your saving passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves and show forth in our lives the fruits of your redemption; who lives and reigns with the Father in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Reading *1 Corinthians 11:23-26*

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Psalm 116: 12-19

What shall I return to the Lord
for all his bounty to me?

**I will lift up the cup of salvation
and call on the name of the Lord,**

I will pay my vows to the Lord
in the presence of all his people.

**Precious in the sight of the Lord
is the death of his faithful ones.**

O Lord, I am your servant;

I am your servant, the child of your serving-maid.

You have loosed my bonds.

**I will offer to you a thanksgiving sacrifice
and call on the name of the Lord.**

I will pay my vows to the Lord
in the presence of all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Praise the Lord!

Gospel *John 6: 1-14*

Leader Hear the gospel of our Lord Jesus Christ according to
John

All **Glory to you O Lord.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming

towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

Leader This is the gospel of the Lord
All **Praise to you O Christ**

Intercessions

The Peace

Celebrant We are the body of Christ, in the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

All The peace of the Lord be always with you.
And also with you.

Hymn 3 *Bread of heaven on thee we feed*

Eucharistic Prayer

Priest: The Lord be with you;

All: **and also with you.**

Priest: Lift up your hearts:

All: **we lift them to the Lord.**

Priest: Let us give thanks to the Lord our God:

All: **it is right to give thanks and praise.**

Priest: It is indeed right ... praising you and saying:

All: **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory:
hosanna in the highest.
Blessed is he who comes in the name of the Lord:
hosanna in the highest.**

The Eucharistic Prayer continues.

All: **Christ has died,
Christ is risen,
Christ will come again.**

The Eucharistic Prayer continues.

Priest:... now and forever.

All: **Amen.**

The Lord's Prayer

The Breaking of the Bread

Priest: We break this bread to share in the body of Christ:

All: **Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God, you take away the sins
of the world: have mercy on us.
Lamb of God, you take away the sins
of the world: have mercy on us.
Lamb of God, you take away the sins
of the world: grant us peace.**

Priest: This is the Lamb of God, who takes away the sins of the world.
Blessed are those who are called to his supper.

All: **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Post Communion Prayers

Priest: All praise be to you, our God and Father, for you have fed us with the bread of heaven and quenched our thirst from the true vine: grant that we being grafted into Christ may grow together in unity and be partakers of his heavenly feast; through Jesus Christ our Lord. Amen.

All: **Almighty God we thank you for feeding us with the body and blood of your Son Jesus Christ. through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

Hymn 4 *Lord, enthroned in heavenly splendour,*

Blessing and Dismissal

Priest: Go in the peace of Christ.

All: **Thanks be to God.**

Mount of the Beatitudes

Reading *Matthew 5: 1–12*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

‘Blessed are the poor in spirit, for theirs is the kingdom of heaven.

‘Blessed are those who mourn, for they will be comforted.

‘Blessed are the meek, for they will inherit the earth.

‘Blessed are those who hunger and thirst for righteousness,
for they will be filled.

‘Blessed are the merciful, for they will receive mercy.

‘Blessed are the pure in heart, for they will see God.

‘Blessed are the peacemakers, for they will be called children of God.

‘Blessed are those who are persecuted for righteousness’ sake,
for theirs is the kingdom of heaven.

‘Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

Hymn 5 *Blest are the pure in heart*

Capernaum

Reading *Mark 1: 29–34*

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

On the Lake

Reading *Matthew 8: 23–27*

And when he got into the boat, his disciples followed him. A gale arose on the lake, so great that the boat was being swamped by the waves; but he was asleep. And they went and woke him up, saying, 'Lord, save us! We are perishing!' And he said to them, 'Why are you afraid, you of little faith?' Then he got up and rebuked the winds and the sea; and there was a dead calm. They were amazed, saying, 'What sort of man is this, that even the winds and the sea obey him?'

Hymn 6 *Dear Lord and Father of mankind*

Caesarea Philippi

Reading *Matthew 16:13 – end*

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, ‘Who do people say that the Son of Man is?’ And they said, ‘Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.’ He said to them, ‘But who do you say that I am?’ Simon Peter answered, ‘You are the Messiah, the Son of the living God.’ And Jesus answered him, ‘Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.’ Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, ‘God forbid it, Lord! This must never happen to you.’ But he turned and said to Peter, ‘Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.’

Then Jesus told his disciples, ‘If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?’

‘For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.’

Leader: Let us affirm our faith in Jesus Christ the Son of God.

All: **Though he was divine, he did not cling to equality with God, but made himself nothing. Taking the form of a slave, he was born in human likeness. He humbled himself and was obedient to death, even death on a cross. Therefore God has raised him on high, and given him the name above every name: that at the name of Jesus every knee should bow, and every voice proclaim that Jesus Christ is Lord, to the glory of God the Father. Amen.**

Hymn 7 *Take up thy cross, the Saviour said*

Compline

Leader: The Lord almighty grant us a quiet night and a perfect end.

All: **Amen.**

Leader: Our help is in the name of the Lord;

All: **Who made heaven and earth.**

Silence is kept

We then say together:

**Most merciful God, we confess to you,
before the whole company of heaven and one
another,
that we have sinned in thought, word and deed,
and in what we have failed to do.
Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

Hymn | *The Compline Hymn*

Psalm 4

Answer me when I call, O God of my right!

You gave me room when I was in distress.

Be gracious to me, and hear my prayer.

How long, you people, shall my honour suffer shame?

How long will you love vain words, and seek after lies?

But know that the Lord has set apart the faithful for himself;
the Lord hears when I call to him.

When you are disturbed, do not sin;

ponder it on your beds, and be silent.

Offer right sacrifices,

and put your trust in the Lord.

**There are many who say, 'O that we might see some
good!**

Let the light of your face shine on us, O Lord!

You have put gladness in my heart

more than when their grain and wine abound.

I will both lie down and sleep in peace;

for you alone, O Lord, make me lie down in safety.

**Glory be to the Father, and to the Son:
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
world without end. Amen.**

Reading You O Lord, are in the midst of us and we are called by your name; leave us not, O Lord our God.

Jeremiah 14:9

Time to share reflections on the past day

Compline continues on page 79

Day Three: Ash Wednesday 26th February - Cana, Nazareth and Mount Tabor

Morning Prayer at Cana

Leader: O Lord, open our lips

All: **and our mouth shall proclaim your praise.**

Leader: Hear our voice, O Lord, according to your faithful love

All: **according to your judgement give us life.**

Leader: Blessed are you, God of compassion and mercy, to you be praise and glory for ever. In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance. As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise. Blessed be God, Father, Son, and Holy Spirit.

All: **Blessed be God for ever**

A Song of Penitence

Have mercy on me O God in your great goodness;
according to the abundance of your compassion
blot out my offences.

**Wash me thoroughly from my wickedness
and cleanse me from my sin.**

For I acknowledge my faults
and my sin is ever before me.

**Against you only have I sinned
and done what is evil in your sight.**

So that you are justified in your sentence
and righteous in your judgement.

**Cast me not away from your presence
and take not your Holy Spirit from me.**

Give me again the joy of your salvation
and sustain me with your gracious spirit.

**Then shall I teach your ways to the wicked
and sinners shall return to you.**

Deliver me from my guilt O God, the God of my salvation,
and my tongue shall sing of your righteousness.

**Glory to the Father and to the Son
and to the Holy Spirit;**

**as it was in the beginning is now
and shall be for ever. Amen.**

Leader: The night has passed, and the day lies open before us; let us pray with one heart and mind.

Silence

As we rejoice in the gift of this new day, so may the light of your presence O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Reading *John 2: 1-11*

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, 'They have no wine.' And Jesus said to her, 'Woman, what concern is that to you and to me? My hour has not yet come.' His mother said to the servants, 'Do whatever he tells you.' Now standing there were six stone water-jars for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, 'Fill the jars with water.' And they filled them up to the brim. He said to them, 'Now draw some out, and take it to the chief steward.' So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, 'Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now.' Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

The Responsory

O my God, in you I trust

You are the God of my salvation,

To you, O Lord, I lift up my soul.

I you I hope all the day long,

O my God, in you I trust.

Remember, Lord, your compassion and love,
for they are from everlasting.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

All Stand to say the Benedictus:

**Blessed be the Lord the God of Israel,
who has come to his people and set them free.
He has raised up for us a mighty Saviour,
born of the house of his servant David.
Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us.
To show mercy to our ancestors,
and to remember his holy covenant.
This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight
all the days of our life.
And you, child, shall be called the prophet of the
Most High,
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of all their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.**

Luke 1:68-79

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be forever. Amen.**

Intercessions *are offered ending with*

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger, order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. **Amen.**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent; create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

The Lord's Prayer *is said together*

Conclusion

May God our Redeemer show us compassion and love.
Amen.

Let us bless the Lord.
Thanks be to God.

At Nazareth

Leader: The Angel of the Lord declared to Mary:
and she conceived of the Holy Spirit.

All: **Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

Leader: Behold the handmaid of the Lord:
be it done unto me according to thy word.

All: **Hail Mary...**

Leader: And the Word was made flesh, and dwelt among us.

All: **Hail Mary...**

Leader: Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ Our Lord. **Amen.**

Mount Tabor

Eucharist for Ash Wednesday also Celebrating the Transfiguration

Celebrant: Grace, mercy and peace from God our Father, and the Lord Jesus Christ be with you.

All: **and also with you.**

The Celebrant introduces the service

Brothers and sisters in Christ: since early days Christians have observed the time of our Lord's passion and resurrection and made preparation for this during the holy season of Lent. Today we gather on this Mount of the Transfiguration and call to mind the account of Jesus giving his closest followers a foretaste of his glorification and also his message that he was destined to suffer and die and that they too would be called upon to take up their cross and follow him.

As we make our pilgrimage in the footsteps of Christ and begin our journey through Lent, let us pray for the grace and courage to follow his call.

Silence

Collect

Father in heaven, whose Son Jesus Christ was wonderfully transfigured before chosen witnesses upon this holy mountain, and spoke of the exodus he would accomplish at Jerusalem; give us strength so to hear his voice and bear our cross that in the world to come we may see him as he is; who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Reading *Colossians 3: 1–4*

So if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you

Hymn 8 *Christ, whose glory fills the skies*

Gospel *Luke 9: 28–36*

Leader: Hear the Gospel of our Lord Jesus Christ according to Luke

All: **Glory to you O Lord.**

Now about eight days after these sayings Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, ‘Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah’—not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, ‘This is my Son, my Chosen; listen to him!’ When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

Leader: This is the Gospel of the Lord.

All: **Praise to you O Christ.**

Homily

Intercessions

Leader: Lord of glory, it is good that we are here. In peace we make our prayer to you. In trust we confirm our faith in you. Help us to set our faces steadfastly where you would go with us.
Lord, look with favour.

All: **Lord, transfigure and heal.**

Leader: Lord of glory, look with favour on your Church, proclaiming your beloved Son to the world and listening to the promptings of his Spirit. May it be renewed in holiness that it may reflect your glory.

Lord, look with favour.

All: **Lord, transfigure and heal.**

Leader: Lord of glory, look with favour on the nations of the world, scarred by hatred, war and strife, and crying out to be changed by the touch of your hand. May they hear the good news shining like a lamp in a dark place.

Lord, look with favour.

All: **Lord, transfigure and heal.**

Leader: Lord of glory, look with favour on those in need or distress, suffering as your Son suffered and waiting for the salvation you promise. May the day break and Christ the Morning Star bring them the light of his presence.

Lord, look with favour.

All: **Lord, transfigure and heal.**

Leader: Lord of glory, it is good if we suffer with you so that we shall be glorified with you. According to your promise bring all Christ's brothers and sisters now departed this life to see him with their own eyes in majesty and to be changed into his likeness from glory to glory.

Lord, look with favour.

All: **Lord, transfigure and heal.**

Liturgy of Penitence

Celebrant: Let us now call to mind our sin and the infinite mercy of God

Silence is kept

All: **Father eternal, giver of light and grace, we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness, through our own deliberate fault. We have wounded your love, and marred your image in us. We are sorry and ashamed, and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past; and lead us out from darkness to walk as children of light. Amen.**

The Imposition of Ashes

Celebrant As a sign of the sprit of penitence with which we shall keep this season of lent, I invite you to receive on your head in ash the sign of the cross, the symbol of our salvation.

At the imposition these words are said:

Remember that you are dust and to dust you shall return.
Turn away from sin and be faithful to Christ.

The Absolution

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

The Peace

Celebrant Christ will transfigure our human body, and give it a form like that of his own glorious body. We are the Body of Christ and we share his peace.

The peace of the Lord be always with you.

And also with you.

Hymn 9 *'Tis good, Lord, to be here!*

Eucharistic Prayer

Priest: The Lord be with you;

All: **and also with you.**

Priest: Lift up your hearts:

All: **we lift them to the Lord.**

Priest: Let us give thanks to the Lord our God:

All: **it is right to give thanks and praise.**

Priest: It is indeed right ... praising you and saying:

All: **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory:
hosanna in the highest.**

**Blessed is he who comes in the name of the Lord:
hosanna in the highest.**

The Eucharistic Prayer continues.

All: **Christ has died,
Christ is risen,
Christ will come again.**

The Eucharistic Prayer continues.

Priest:... now and forever.

All: **Amen.**

The Lord's Prayer

The Breaking of the Bread

Priest: We break this bread to share in the body of Christ:

All: **Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God, you take away the sins
of the world: have mercy on us.**

**Lamb of God, you take away the sins
of the world: have mercy on us.**

**Lamb of God, you take away the sins
of the world: grant us peace.**

Priest: This is the Lamb of God, who takes away the sins of the world.
Blessed are those who are called to his supper.

All: **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Post Communion Prayers

Priest: Holy God, we see your glory in the face of Jesus Christ.
May we who are partakers of his table
reflect his life in word and deed,
that all the world may know his power to change and save.
We ask this in his name. **Amen.**

All: **Almighty God we thank you for feeding us
with the body and blood of your Son Jesus Christ.
through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Hymn 28 *Thou didst leave thy throne*

Blessing and Dismissal

Priest: Go in the peace of Christ.

All: **Thanks be to God.**

Compline

Leader: The Lord almighty grant us a quiet night and a perfect end.

All: **Amen.**

Leader: Our help is in the name of the Lord;

All: **who made heaven and earth.**

A period of silence follows for reflection on the past day and we bring to God our sins and short comings saying together:

**Most merciful God, we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed, and in
what we have failed to do.**

**Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

Hymn | *The Compline Hymn*

Together we recall the places visited today and share our reflections at the end of which we say verses from Psalm 104

Bless the Lord, O my soul:

O Lord my God, how excellent is your greatness!

**You lay the beams of your chambers
in the waters above.**

**You make the clouds your chariot:
you ride on the wings of the wind.**

**You make the winds your messengers:
and flames of fire your servants.**

You send the springs into the valleys:
they flow between the mountains.

**All the beasts of the field drink their fill from them:
and the wild asses quench their thirst.**

Besides them the birds of the air make their nests:
and sing among the branches.

**You water the mountains from your dwelling on high:
the earth is fully satisfied by the fruit of your works.**

You make grass to grow for flocks and herds:
and plants to serve us all.

**Yonder is the great and wide sea:
with its living things too many to number;
creatures both small and great.**

All of them look to you:
to give them their food in due season.

**You give it to them; they gather it:
you open your hand and they are filled
with good things.**

May the glory of the Lord endure for ever:
may the Lord rejoice in all his works.

**Glory to the Father and to the Son
and to the Holy Spirit:**

**as it was in the beginning is now and shall be for ever.
Amen.**

Continue on page 79

Day Four: Thursday 27th February – Jordon Valley and Baptismal Site, Jericho, Dead Sea & Bethlehem

River Jordan - Renewal of baptism promises

Reading *Matthew 3: 13–17*

Then Jesus came from Galilee to John at the Jordan, to be baptized by him. John would have prevented him, saying, ‘I need to be baptized by you, and do you come to me?’ But Jesus answered him, ‘Let it be so now; for it is proper for us in this way to fulfil all righteousness.’ Then he consented. And when Jesus had been baptized, just as he came up from the water, suddenly the heavens were opened to him and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, ‘This is my Son, the Beloved, with whom I am well pleased.’

Leader: In our Baptism we died with Christ and were buried with him, so that we might rise with him to a new life within the family of his Church. Today we renew the promises made at our baptism, affirming our allegiance to Christ, and our rejection of all that is evil. Therefore I ask:

Do you turn to Christ?

All: I turn to Christ.

Leader: Do you repent of your sins?

All: I repent of my sins.

Leader: Do you renounce evil?

All: I renounce evil.

Leader: We now make the profession of Christian faith into which we were baptized, and in which we live and grow.
We believe in God: who has created and is creating, who has come in Jesus, the Word made flesh, to reconcile and make new, who works in us and others by the Spirit. We trust in God. We are called to be the church: to celebrate God's presence, to live with respect in creation, to love and serve others, to seek justice and resist evil, to proclaim Jesus, crucified and risen, our judge and our hope. In life, in death, in life beyond death, God is with us. We are not alone. Thanks be to God. Amen.

The people are sprinkled with water from the Jordan.

Hymn 10 *As the deer pants for the water,*

Leader Let us pray:
O God of the high heavens,
O Christ of the deep earth,
O Spirit of the flowing waters,
O trinity of love, you have offered your love to us,
and here we pledge our love to you.
Strengthen us in our desire,
and breathe into our bodies the passion of your love.
We pray this in the name of Jesus,
to whom we commit ourselves.
Amen.

At Jericho

Reading *Luke 19: 1-10*

Jesus entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax-collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, 'Zacchaeus, hurry and come down; for I must stay at your house today.' So he hurried down and was happy to welcome him. All who saw it began to grumble and said, 'He has gone to be the guest of one who is a sinner.'

Zacchaeus stood there and said to the Lord, 'Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much.' Then Jesus said to him, 'Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost.'

A period of silence follows for reflection.

Hymn || *Take my life, and let it be*

Bethlehem – Evening Prayer

Leader: O God make speed to save us.

All: Lord make haste to help us.

Leader: Hear our voice, O Lord, according to your faithful love

All: according to your judgement give us life

Hymn 12 *Lord Jesus, think of me*

Leader That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept

As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise now and for ever.

Psalm 63: 1-9

O God, you are my God, I seek you,
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.

**So I have looked upon you in the sanctuary,
beholding your power and glory.**

Because your steadfast love is better than life,
my lips will praise you.

**So I will bless you as long as I live;
I will lift up my hands and call on your name.**

My soul is satisfied as with a rich feast,
and my mouth praises you with joyful lips
when I think of you on my bed,
and meditate on you in the watches of the night;
for you have been my help,
and in the shadow of your wings I sing for joy.

**My soul clings to you;
your right hand upholds me.**

But those who seek to destroy my life
shall go down into the depths of the earth.

**Glory be to the Father, and to the Son: and to the
Holy Ghost;**

**As it was in the beginning, is now, and ever shall be:
world without end. Amen.**

Reading *Micah 5:2-5a*

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days.

Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God.

And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

If the Assyrians come into our land and tread upon our soil, we will raise against them seven shepherds and eight installed as rulers.

Responsory

Leader: Forsake me not, O Lord; be not far from me, O my God.

All: **Forsake me not, O Lord;
be not far from me, O my God.**

Leader: Make haste to help me, O Lord of my salvation.

All: **Be not far from me O my God.**

Leader: Glory to the Father, and to the Son, and to the Holy Spirit.

All: **Forsake me not, O Lord;
be not far from me, O my God.**

Magnificat

**My soul doth magnify the Lord :
and my spirit hath rejoiced in God my Saviour.**

**For he hath regarded :
the lowliness of his handmaiden.**

**For behold, from henceforth :
all generations shall call me blessed.**

**For he that is mighty hath magnified me :
and holy is his Name.**

**And his mercy is on them that fear him :
throughout all generations.**

**He hath shewed strength with his arm :
he hath scattered the proud in the imagination of
their hearts.**

**He hath put down the mighty from their seat :
and hath exalted the humble and meek.
He hath filled the hungry with good things :
and the rich he hath sent empty away.
He remembering his mercy
hath holpen his servant Israel :
as he promised to our forefathers,
Abraham and his seed for ever.**

Luke 1.46-55

**Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.**

The Prayers

Concluding with **The Collect** and **Lord's Prayer**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you the God of All mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Our Father ...

Leader: May God our Redeemer show us compassion and love.

All: Amen.

Leader: Let us bless the Lord.

All: Thanks be to God.

Day Five: Friday 28th February – Church of the Nativity, Bethlehem University, Shepherds Fields and Refugee Camp

Bethlehem ~ Stations of the Nativity

Station One: The prophet promises the birth of the Messiah

Reading *Isaiah 9:2-7*

The people who walked in darkness
have seen a great light;
those who lived in a land of deep darkness—
on them light has shined.
You have multiplied the nation,
you have increased its joy;
they rejoice before you
as with joy at the harvest,
as people exult when dividing plunder.
For the yoke of their burden,
and the bar across their shoulders,
the rod of their oppressor,
you have broken as on the day of Midian.
For all the boots of the tramping warriors
and all the garments rolled in blood
shall be burned as fuel for the fire.
For a child has been born for us,
a son given to us;
authority rests upon his shoulders;
and he is named
Wonderful Counsellor, Mighty God,
Everlasting Father, Prince of Peace.
His authority shall grow continually,
and there shall be endless peace
for the throne of David and his kingdom.
He will establish and uphold it
with justice and with righteousness
from this time onwards and for evermore.
The zeal of the Lord of hosts will do this.

Prayer

Heavenly Father as we gather in this the place of Christ's birth may we joyfully welcome him as ruler our lives. May his reign of justice, mercy and peace be brought to the people of this town of Bethlehem today. We ask it in his name. **Amen.**

Hymn 13 *O little town of Bethlehem,*

Station Two: The Birth of Jesus is foretold

Reading *Luke 1: 26–33*

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, 'Greetings, favoured one! The Lord is with you.' But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, 'Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob for ever, and of his kingdom there will be no end.'

Prayer

Come to us, Lord Jesus; do not let us take you for granted or pretend that we fully understand you. Continue to surprise us so that, kept alert, we are always ready to receive you as Lord and to do your will. **Amen.**

Hymn 14 *Hark the glad sound! the Saviour comes,*

Station Three: Jesus is born in Bethlehem

Reading *Luke 2: 1–8*

In those days a decree went out from Emperor Augustus that all the world should be registered. This was the first registration and was taken while Quirinius was governor of Syria. All went to their own towns to be registered. Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David. He went to be registered with Mary,

to whom he was engaged and who was expecting a child. While they were there, the time came for her to deliver her child. And she gave birth to her firstborn son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn. In that region there were shepherds living in the fields, keeping watch over their flock by night.

We say together:

Thanksgiving and praise to God!

Eternal God,

the gates of heaven were raised in Bethlehem.

Jesus left the place of glory to live with us.

We rejoice that he came not in military power to subdue us,

nor yet in glory as would blind our eyes,

nor yet in such majesty as would set him apart from us,

but left the gates of heaven as a child in helplessness,

to be born as we are born,

suckled by a human mother,

watched over by a human father, and so recognised by us.

Thanksgiving and praise to God!

Eternal God, you strengthen us for our earthly pilgrimage,

you give daily bread to body and to spirit,

you grant us to be one with the fellowship of believers,

you journey with us in close companionship.

Raise the gates of our hearts O God

break down the stubborn doors of our spirits.,

and come and reign among us. Amen.

Hymn 15 *Away in a manger, no crib for a bed*

Leader: Christ who by his incarnation gathered into one things earthly and heavenly, fill you with peace and good will, and make you partakers of the divine nature; and the blessing...

Eucharist at the Shepherds' Fields

Sharing the Good News with all God's children

Celebrant: When they saw this, the shepherds made known what had been told them about this child; and all who heard it were amazed. In the name of the Father, and of the Son and of the Holy Spirit

All: **Amen**
Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you;

All: **and also with you**

The Celebrant introduces the theme of the service and invites us to confess our sins:

Lord of grace and truth,
As the shepherds were thought to be unworthy,
we come to you in our unworthiness
to stand in your presence as your children.
We have sinned:

All **Forgive and heal us.**

The shepherds left their flocks
to go to Bethlehem.
Forgive our self-interest and lack of vision.
We have sinned:

All **Forgive and heal us**

The Shepherds visited your Son,
our Saviour who was born in poverty
and laid in a manger.
Forgive our greed and rejection of your ways.
We have sinned:

All **Forgive and heal us.**

Celebrant: May almighty God have mercy upon you, pardon and deliver you from all your sins, and bring you to everlasting life. **Amen.**

Collect Almighty God, who called your Church to witness that you were in Christ reconciling the world to yourself; help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Reading *Acts 2: 22-24*

‘You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know— this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power.

Hymn 16 *While shepherds watched their flocks by night*

Gospel *Luke 2: 8–20*

Leader: Hear the Gospel of our Lord Jesus Christ according to Luke
All: **Glory to you O Lord.**

In that region there were shepherds living in the fields, keeping watch over their flock by night. Then an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, ‘Do not be afraid; for see—I am bringing you good news of great joy for all the people: to you is born this day in the city of David a Saviour, who is the Messiah, the Lord. This will be a sign for you: you will find a child wrapped in bands of cloth and lying in a manger.’ And suddenly there was with the angel a multitude of the heavenly host, praising God and saying, ‘Glory to God in the highest heaven, and on earth peace among those whom he favours!’

When the angels had left them and gone into heaven, the shepherds said to one another, ‘Let us go now to Bethlehem and see this thing that has

taken place, which the Lord has made known to us.' So they went with haste and found Mary and Joseph, and the child lying in the manger. When they saw this, they made known what had been told them about this child; and all who heard it were amazed at what the shepherds told them. But Mary treasured all these words and pondered them in her heart. The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them.

Leader: This is the Gospel of the Lord.

All: **Praise to you O Christ.**

Intercessions

The Peace

Leader: On that Holy night the angels sang, 'Glory to God in the highest heaven, and on earth peace to all in whom God delights:

The peace of the Lord be always with you;

All: **and also with you.**

Hymn 17 *Be still, for the presence of the Lord, the Holy One, is here.*

The Eucharistic Prayer

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord.

As we recall how the good news was brought to the poor and lowly shepherds, we thank and praise you as you come to us in the ordinary places of our lives. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

Father of all, we give you thanks for every gift that comes from heaven. To the darkness, Jesus came as your light. With signs of faith and words of hope, He touched untouchables with love and washed the guilty clean.

This is His story.

This is our song, Hosanna in the highest.

The crowds came out to see your Son,
Yet at the end they turned on Him.
On the night he was betrayed
He came to the table with His friends to celebrate the
freedom of your people.

This is His story.

This is our song, Hosanna in the highest.

Jesus blessed you, Father, for the food;
He took bread, gave thanks, broke it and said:
This is my body, given for you all.
Jesus then gave thanks for the wine;
He took the cup, gave it and said:
This is my blood, shed for you all for the forgiveness of sins.
Do this in remembrance of me.

This is our story.

This is our song, Hosanna in the highest.

Therefore Father, with this bread and this cup,
We celebrate the cross on which He died to set us free.
Defying death He rose again and is alive with you to plead for
us and all the world.

This is our story.

This is our song, Hosanna in the highest.

Send your spirit on us now that by these gifts we may feed on
Christ with opened eyes and hearts on fire. As your
incarnation changed the shepherds that they then shared
your light, love and peace; may we too be born again by your
Spirit, changed by your grace and give ourselves for your
glory in this world. Bring us with all the saints to feast at
your table in heaven, where all creation worships you, Father,
Son and Holy Spirit.

**Blessing and honour and glory and power
be yours for ever and ever.**

Amen.

The Lord's Prayer

The Breaking of Bread

We break the bread of life, and that life is the light of the
world.

**God here among us, light in the midst of us, bring us
to light and life.**

Giving of Communion

God's holy gifts for God's holy people

**Jesus Christ is holy, Jesus Christ is Lord, to the glory
of God the Father. Amen**

Post Communion Prayer

Father of all,
we give you thanks and praise that when we,
like the shepherds, were still far off,
you met us in your Son and brought us home.
In His incarnation, life and death,
He declared your love,
gave us grace and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.

Hymn 18 *We have a gospel to proclaim,*

The Blessing and Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Refugee Camp

Reading *Matthew 2 :13-15*

Now after they had left, an angel of the Lord appeared to Joseph in a dream and said, 'Get up, take the child and his mother, and flee to Egypt, and remain there until I tell you; for Herod is about to search for the child, to destroy him.' Then Joseph got up, took the child and his mother by night, and went to Egypt, and remained there until the death of Herod. This was to fulfil what had been spoken by the Lord through the prophet, 'Out of Egypt I have called my son.'

A Litany of Intercession

Voice 1 For exploiter and exploited;
for persecutor and persecuted;
for criminal and victim,
God of perfect love, we pray.

Voice 2 As we pray, remove the fear
that makes us strident and vengeful,
and take away the wooliness of thought
that makes us sentimental.

Voice 1 Give us clear eyes to see the world as it is
and ourselves and all people as we are;
but give us hope to go on believing
in what you intend us all to be.

Voice 2 We pray for children growing up
with no sense of beauty,
no feeling for what is good or bad,
no knowledge of you and your love in Christ.

Voice 1 We pray for men and women who have lost faith and hope;
for governments who crush people's spirits,
and for governments slow to act
in the cause of justice, freedom and development.

Voice 2 We pray for the whole church and the world,
giving thanks for your goodness,
for your love made known in Christ,
for your truth confirmed in his death and resurrection,
for your promises to us and to all people,
keeping hope alive...

Collect God and Father of us all, whose Son, Jesus Christ was born
in a stable and lived as one with nowhere to lay his head : we
pray for the millions of refugees in our world today, for all
without homes and security and for those who have lost
hope. We pray that you will move our wills by your Holy
Spirit that we may not rest content until all in our world have
found homes, livelihoods, peace and security. We ask it in the
name of Jesus Christ our Lord. **Amen.**

Day Six : Saturday 29th February – Jerusalem

At the Mount of Olives

Reading: *Luke 19: 28–40*

After he had said this, he went on ahead, going up to Jerusalem. When he had come near Bethphage and Bethany, at the place called the Mount of Olives, he sent two of the disciples, saying, ‘Go into the village ahead of you, and as you enter it you will find tied there a colt that has never been ridden. Untie it and bring it here. If anyone asks you, “Why are you untying it?” just say this: “The Lord needs it.”’ So those who were sent departed and found it as he had told them. As they were untying the colt, its owners asked them, ‘Why are you untying the colt?’ They said, ‘The Lord needs it.’ Then they brought it to Jesus; and after throwing their cloaks on the colt, they set Jesus on it. As he rode along, people kept spreading their cloaks on the road. As he was now approaching the path down from the Mount of Olives, the whole multitude of the disciples began to praise God joyfully with a loud voice for all the deeds of power that they had seen, saying, ‘Blessed is the king who comes in the name of the Lord! Peace in heaven, and glory in the highest heaven!’ Some of the Pharisees in the crowd said to him, ‘Teacher, order your disciples to stop.’ He answered, ‘I tell you, if these were silent, the stones would shout out.’

Hymn 19 *All glory, laud and honour*

Prayer Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Dominus Flevit

Reading *Luke 19: 41–44*

As he came near and saw the city, he wept over it, saying, 'If you, even you, had only recognized on this day the things that make for peace! But now they are hidden from your eyes. Indeed, the days will come upon you, when your enemies will set up ramparts around you and surround you, and hem you in on every side. They will crush you to the ground, you and your children within you, and they will not leave within you one stone upon another; because you did not recognize the time of your visitation from God.'

Prayer Lord Jesus Christ today we share your tears for the cities of the world: where still we have not loved the things that make for peace.

We weep for the divided cities: where brother fights with brother, where anger feeds on hatred, where prejudice blinds the eyes of compassion, and even religion divides, where children are taught to hate, and old men relish ancient wrongs.

We weep for cities of oppression: where iron law imprisons freedom, where thought is curbed and conscience stifled, where the questioning spirit is called a traitor, where art and civilising truth grow barren, and each must think in manner as his neighbour.

We weep for the cities of poverty: where children live, but die too soon, where eager hands can find no work, where hunger rules and aid is short, where mothers clutch uncomprehending young, and where the little we could do, we fail to do.

We weep for our cities and for ourselves; we have not learned the things that make for peace.

Lord, turn tears to love, and love to work. Turn work to justice, and all that makes for peace. **Amen.**

Garden of Gethsemane - All Nations Church

Reading and Litany

Leader: In the name of the Father and of the Son and of the Holy Spirit.

All: **Amen.**

Leader: The Lord be with you;

All: **and also with you.**

Hear the gospel of our Lord Jesus Christ according to Mark.

Gospel *Mark 14: 32–42*

They went to a place called Gethsemane; and he said to his disciples, 'Sit here while I pray.' He took with him Peter and James and John, and began to be distressed and agitated. And he said to them, 'I am deeply grieved, even to death; remain here, and keep awake.' And going a little farther, he threw himself on the ground and prayed that, if it were possible, the hour might pass from him. He said, 'Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want, but what you want.' He came and found them sleeping; and he said to Peter, 'Simon, are you asleep? Could you not keep awake one hour? Keep awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak.' And again he went away and prayed, saying the same words. And once more he came and found them sleeping, for their eyes were very heavy; and they did not know what to say to him. He came a third time and said to them, 'Are you still sleeping and taking your rest? Enough! The hour has come; the Son of Man is betrayed into the hands of sinners. Get up, let us be going. See, my betrayer is at hand.'

Leader: This is the gospel of the Lord:

All: **thanks be to God.**

Hymn 30 (A Palm Sunday Hymn) *Verse One only*

Leader: As we reflect upon the disciples' failure to stay awake with Jesus we bring to God our own weaknesses and ask for grace to watch with Christ as he suffers with his world today.

Father, we stand with Peter, James, and John in their weakness and failure to support Christ in his hour of need.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: We sleep while Christ is betrayed and rejected in the suffering people of our world.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: The hungry and homeless suffer and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: The lonely and bereaved cry out in grief and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: The marginalised and oppressed groan in despair and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: Little children die before they live and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: The old and weary suffer and die without hope and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: Jesus said, 'Could you not stay awake with me one hour' and we sleep.

The spirit is willing but the flesh is weak.

All: **Give us grace to stay awake and watch with Christ.**

Leader: Father, our words and worship adore and honour Christ, but our lives and actions often betray him. Forgive our weakness, selfishness and complacency and through his transforming and redeeming love give us the grace not only to watch with him but to walk with him the way of the cross. **Amen.**

Hymn 20 *Praise to the Holiest in the height,*

House of Caiaphas

St Peter in Gallicantu

Reading: *Matthew 26: 57–75*

Those who had arrested Jesus took him to Caiaphas the high priest, in whose house the scribes and the elders had gathered. But Peter was following him at a distance, as far as the courtyard of the high priest; and going inside, he sat with the guards in order to see how this would end. Now the chief priests and the whole council were looking for false testimony against Jesus so that they might put him to death, but they found none, though many false witnesses came forward. At last two came forward and said, ‘This fellow said, “I am able to destroy the temple of God and to build it in three days.”’ The high priest stood up and said, ‘Have you no answer? What is it that they testify against you?’ But Jesus was silent. Then the high priest said to him, ‘I put you under oath before the living God, tell us if you are the Messiah, the Son of God.’ Jesus said to him, ‘You have said so. But I tell you, From now on you will see the Son of Man seated at the right hand of Power and coming on the clouds of heaven.’

Then the high priest tore his clothes and said, ‘He has blasphemed! Why do we still need witnesses? You have now heard his blasphemy. What is your verdict?’ They answered, ‘He deserves death.’ Then they spat in his face and struck him; and some slapped him, saying, ‘Prophecy to us, you Messiah! Who is it that struck you?’

Now Peter was sitting outside in the courtyard. A servant-girl came to him and said, ‘You also were with Jesus the Galilean.’ But he denied it before all of them, saying, ‘I do not know what you are talking about.’ When he went out to the porch, another servant-girl saw him, and she said to the bystanders, ‘This man was with Jesus of Nazareth.’ Again he denied it with an oath, ‘I do not know the man.’ After a little while the bystanders came up and said to Peter, ‘Certainly you are also one of them, for your accent betrays you.’ Then he began to curse, and he swore an oath, ‘I do not know the man!’ At that moment the cock crowed. Then Peter remembered what Jesus had said: ‘Before the cock crows, you will deny me three times.’ And he went out and wept bitterly.

Prayer Father, teach me, through Peter's humiliation,
to realise that I am always weaker than I think.
Give me the light and strength of your Spirit
to resist temptation, to repent like Peter immediately I fall
and to know that Christ whom I repeatedly deny
is always looking at me ready to forgive me
unto seventy times seven. **Amen.**

Hymn 30 (A Palm Sunday Hymn) *Verse 2 only*

Upper Room

Reading *John 13 : 1-15*

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'You do not know now what I am doing, but later you will understand.' Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you.'

Followed by the Footwashing

Prayer Almighty Father, whose Son Jesus Christ taught that what we do for the least of our brothers and sisters we do also for him: give us the will to be the servant of others as he was the servant of all, who gave up his life and died for us, yet is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Hymn 21 *Brother, sister, let me serve you*

Domitian Abbey

The Angelus

Leader: The Angel of the Lord declared to Mary:
and she conceived of the Holy Spirit.

All: **Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.**

Leader: Behold the handmaid of the Lord: be it done unto me according
to thy word.

All: **Hail Mary...**

Leader: And the Word was made flesh, and dwelt among us.

All: **Hail Mary...**

Leader: Pray for us, O Holy Mother of God, that we may be made
worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech thee, O Lord, thy grace into our hearts;
that we, to whom the incarnation of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross
be brought to the glory of his Resurrection,
through the same Christ Our Lord. **Amen.**

Hymn 22 *For Mary, Mother of the Lord*

St Anne and the Pool of Bethesda - Prayers for healing with the Laying on of Hands

Reading *John 5: 1-9*

After this there was a festival of the Jews, and Jesus went up to Jerusalem. Now in Jerusalem by the Sheep Gate there is a pool, called in Hebrew Beth-zatha, which has five porticoes. In these lay many invalids—blind, lame, and paralysed. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been there a long time, he said to him, ‘Do you want to be made well?’ The sick man answered him, ‘Sir, I have no one to put me into the pool when the water is stirred up; and while I am making my way, someone else steps down ahead of me.’ Jesus said to him, ‘Stand up, take your mat and walk.’ At once the man was made well, and he took up his mat and began to walk.

Now that day was a sabbath.

Leader God the Father, your will for all people is health and salvation.

All **We praise and bless you, Lord.**

Leader God the Son, you came that we might have life, and might have it more abundantly.

All **We praise and bless you, Lord.**

Leader God the Holy Spirit, you make our bodies the temple of your presence.

All **We praise and bless you, Lord.**

Leader Holy Trinity, one God, in you we live and move and have our being.

All **We praise and bless you, Lord.**

Leader Lord, grant your healing grace to all who are sick, injured or disabled, that they may know themselves to be whole.

All **Hear us, Lord of life.**

Leader Grant to all who are lonely, anxious or depressed a knowledge of your will and an awareness of your presence.

All **Hear us, Lord of life.**

Leader Grant to all who minister to those who are suffering wisdom and skill, sympathy and patience.

All **Hear us, Lord of life.**

Leader Mend broken relationships, and restore to those in distress soundness of mind and serenity of spirit.

All **Hear us, Lord of life.**

Leader Sustain and support those who seek your guidance
and lift up all who are brought low by the trials of this life.

All **Hear us, Lord of life.**

Leader Grant to the dying peace and a holy death,
and uphold by the grace and consolation of your Holy Spirit
those who are bereaved.

All **Hear us, Lord of life.**

Leader Restore to wholeness whatever is broken by human sin,
in our lives, in our nation, and in the world.

All **Hear us, Lord of life.**

Leader You are the Lord who does mighty wonders.

All **You have declared your power among the peoples.**

Leader With you, Lord, is the well of life
and in your light do we see light.

All **and in your light do we see light.**

Leader Hear us, Lord of life:

All **heal us, and make us whole.**

A period of silence followed by the Collect

○ Lord our God, accept the fervent prayers of your people;
in the multitude of your mercies look with compassion
upon us and all who turn to you for help;
for you are gracious, ○ lover of souls,
and to you we give glory, Father, Son, and Holy Spirit,
now and for ever. **Amen.**

Laying on of Hands

Those who wish to please come forward

In the name of God and trusting in his might alone,
receive Christ's healing touch to make you whole.
May Christ bring you wholeness
of body, mind and spirit,
deliver you from every evil,
and give you his peace. **Amen.**

After the Laying on of Hands the leader says

The almighty Lord,
who is a strong tower for all who put their trust in him,
whom all things in heaven, on earth,
and under the earth obey,
be now and evermore your defence.
May you believe and trust
that the only name under heaven
given for health and salvation
is the name of our Lord Jesus Christ. **Amen.**

Via Dolorosa and Church of the Holy Sepulchre Stations of the Cross

The traditional route of the Stations of the Cross passes through lanes which are noisy and sometimes full of visitors intent on shopping, sightseeing, and refreshment. Jesus' own way of the cross passed through a similar scene. God can be found not only the peaceful places in which we worship and pray but in the midst of this hubbub. We begin at the place where Jesus was condemned to death and finish in the Church of the Holy Sepulchre where we recall his death and resurrection. At each station we hear a reading or short meditation and use the response:

Leader: We adore you O Christ and we bless you.

All: **Because by your holy cross you have redeemed the world.**

Hymns *Verses will be sung from the following hymns between the stations:*
23 *My song is love unknown*
24 *When I survey the wondrous cross*
25 *Were you there when they crucified my Lord?*
30 *Palm Sunday Hymn*

To carry the cross as Jesus carried it means taking up solidarity with the crucified of this world—with those who suffer violence, who are impoverished, who are dehumanized, who are offended in their rights. To carry the cross as Jesus carried it means to defend these persons, and to attack the practices in whose name they are made non persons.

Leonardo Boff: Passion of Christ, Passion of the World

The Western Wall

Reading / *Kings 8: 22–30*

Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, ‘O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised him, saying, “There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me.” Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David.

‘But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Have regard to your servant’s prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day towards this house, the place of which you said, “My name shall be there”, that you may heed the prayer that your servant prays towards this place. Hear the plea of your servant and of your people Israel when they pray towards this place; O hear in heaven your dwelling-place; heed and forgive.

Night Prayer

Leader: The Lord almighty grant us a quiet night and a perfect end.

All: **Amen.**

Leader: Our help is in the name of the Lord;

All: **who made heaven and earth.**

A period of silence follows for reflection on the past day and then we then say together:

**Most merciful God, we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed,
and in what we have failed to do.
Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

Hymn | *The Compline Hymn*

We say Psalm 122 together

**I was glad when they said to me:
'let us go to the house of the Lord.'
And now our feet are standing:
within your gates, O Jerusalem;
Jerusalem, built as a city: that is at unity in itself.
Thither the tribes go up, the tribes of the Lord,
as is decreed for Israel:
to give thanks to the name of the Lord.
For there are set the thrones of judgement:
the thrones of the house of David.
O pray for the peace of Jerusalem:
'may they prosper who love you.
Peace be within your walls:
and tranquillity within your palaces.'
For my kindred and companions' sake:
I will pray that peace be with you.
For the sake of the house of the Lord our God:
I will seek to do you good.
Glory to the Father and to the Son and to the Holy Spirit:
as it was in the beginning is now and shall be for ever.
Amen.**

Reading *Isaiah 2: 1-5*

The word that Isaiah son of Amoz saw concerning Judah and Jerusalem.
In days to come the mountain of the Lord's house
shall be established as the highest of the mountains,
 and shall be raised above the hills;
all the nations shall stream to it.

 Many peoples shall come and say,
'Come, let us go up to the mountain of the Lord,
 to the house of the God of Jacob;
that he may teach us his ways
 and that we may walk in his paths.'

For out of Zion shall go forth instruction,
 and the word of the Lord from Jerusalem.

He shall judge between the nations,
 and shall arbitrate for many peoples;
they shall beat their swords into ploughshares,
 and their spears into pruning-hooks;
nation shall not lift up sword against nation,
 neither shall they learn war any more.

O house of Jacob,
 come, let us walk
 in the light of the Lord!

Continue on page 79

Day Seven: Sunday 1st March - Jerusalem - St George's Cathedral

We join the local congregation for their Sunday Eucharist

Visit to Yad Vashem

Evening Prayer with Reflection on the Holocaust

O God make speed to save us.
All **O Lord, make haste to help us.**
Hear our voice, O Lord, according to your faithful love.
All **According to your judgement give us life.**
Lord Jesus, think on me,
and purge away my sin:
from earthborn passions set me free,
and make me pure within.
Lord Jesus, think on me
with many a care opprest;
let me thy loving servant be,
and taste thy promised rest.
Lord Jesus, think on me,
nor let me go astray;
through darkness and perplexity
point thou the heavenly way.
Lord Jesus, think on me,
that when the flood is past,
I may the eternal brightness see,
and share thy joy at last.

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept

As our evening prayer rises before you, O God,
so may your mercy come down upon us to cleanse our hearts
and set us free to sing your praise now and for ever. **Amen.**

Psalm 17 vs 1-4, 8-14

Hear my just cause, O Lord; consider my complaint;
listen to my prayer, which comes not from lying lips.

**Let my vindication come forth from your presence;
let your eyes behold what is right.**

Weigh my heart, examine me by night,
refine me, and you will find no impurity in me.

**My mouth does not trespass for earthly rewards; I have
heeded the words of your lips.**

Keep me as the apple of an eye;
hide me under the shadow of your wings.

**From the wicked who assault me,
from my enemies who surround me on every side,
watching how they cast me to the ground.**

Like a lion that is greedy for its prey,
like a young lion lurking in secret places.

**Arise, Lord; confront them and cast them down;
deliver me from the wicked by your sword.**

Deliver me, O Lord, by your hand
from those whose portion in life is unending.

**Glory to the Father and to the Son and to the Holy Spirit:
as it was in the beginning is now and shall be for ever.**

Amen.

Reading Job 24

‘Why are times not kept by the Almighty, and why do those who know him never see his days? The wicked remove landmarks; they seize flocks and pasture them. They drive away the donkey of the orphan; they take the widow’s ox for a pledge. They thrust the needy off the road; the poor of the earth all hide themselves.

Like wild asses in the desert they go out to their toil, scavenging in the waste-land food for their young. They reap in a field not their own and they glean in the vineyard of the wicked. They lie all night naked, without clothing, and have no covering in the cold. They are wet with the rain of the mountains, and cling to the rock for want of shelter. ‘There are those who snatch the orphan child from the breast, and take as a pledge the infant of the poor.

They go about naked, without clothing; though hungry, they carry the sheaves; between their terraces they press out oil; they tread the wine presses, but suffer thirst. From the city the dying groan, and the throat of the wounded cries for help; yet God pays no attention to their prayer.

‘There are those who rebel against the light, who are not acquainted with its ways, and do not stay in its paths. The murderer rises at dusk to kill the poor and needy, and in the night is like a thief. The eye of the adulterer also waits for the twilight, saying, “No eye will see me”; and he disguises his face. In the dark they dig through houses; by day they shut themselves up; they do not know the light. For deep darkness is morning to all of them; for they are friends with the terrors of deep darkness.

‘Swift are they on the face of the waters; their portion in the land is cursed; no treader turns towards their vineyards. Drought and heat snatch away the snow-waters; so does Sheol those who have sinned. The womb forgets them; the worm finds them sweet; they are no longer remembered; so wickedness is broken like a tree.

‘They harm the childless woman, and do no good to the widow. Yet God prolongs the life of the mighty by his power; they rise up when they despair of life. He gives them security, and they are supported; his eyes are upon their ways. They are exalted a little while, and then are gone; they wither and fade like the mallow; they are cut off like the heads of grain. If it is not so, who will prove me a liar, and show that there is nothing in what I say?’

Silence is kept

Responsory

Forsake me not, O Lord; be not far from me, O my God.

Forsake me not, O Lord; be not far from me, O my God.

Make haste to help me, O Lord of my salvation.

Be not far from me, O my God.

Glory to the Father and to the Son and to the Holy Spirit.

Forsake me not, O Lord; be not far from me, O my God.

Magnificat said together

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour;
for he has looked with favour on his lowly servant.**

**From this day all generations will call me blessed;
the Almighty has done great things for me
and holy is his name.
He has mercy on those who fear him
from generation to generation.
He has shown strength with his arm and has scattered
the proud in their conceit.
Casting down the mighty from their thrones
and lifting up the lowly.
He has filled the hungry with good things
and sent the rich away empty.
He has come to the aid of his servant Israel,
to remember his promise of mercy.
The promise made to our ancestors,
to Abraham and his children for ever.
Glory to the Father and to the Son
and to the Holy Spirit:
as it was in the beginning is now and shall be for ever.
Amen.**

Reflections on what we have experienced today will be shared followed by prayers for the victims of the holocaust, concluding with the Kaddish, the Collect and Lord's Prayer.

Magnified and sanctified be the great name of God
in the world which he created according to his will.
May he establish his kingdom in your life and in your days,
and in the lifetime of all his people:
quickly and speedily may it come; and let us say Amen.
Blessed be God for ever.
Blessed, praised and glorified,
exalted, extolled and honoured,
magnified and lauded be the name of the Holy One;
blessed be God.
Though he be high above all the blessings and hymns,
praises and consolations,
which are uttered in the world; and let us say Amen.
Blessed be God for ever.
May there be abundant peace from heaven
and life for us and for all people; let us say Amen.
Blessed be God for ever.

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent;
create and make in us new and contrite hearts that we,
worthily lamenting our sins and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness through Jesus Christ our Lord.
Amen.

Our Father

Hymn 32 *Father of heaven whose love profound*

The Conclusion

May God our Redeemer show us compassion and love.

Amen.

Let us bless the Lord.

Thanks be to God.

Day Eight Monday 2nd – Jerusalem and Travel Home

Ain Karin

Birthplace of John the Baptist and site of the Visitation

Reading *Luke 1: 39–45*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

Hymn 26 *Tell out, my soul, the greatness of the Lord:*

Reading *Luke 1: 57–66*

Now the time came for Elizabeth to give birth, and she bore a son. Her neighbours and relatives heard that the Lord had shown his great mercy to her, and they rejoiced with her.

On the eighth day they came to circumcise the child, and they were going to name him Zechariah after his father. But his mother said, 'No; he is to be called John.' They said to her, 'None of your relatives has this name.' Then they began motioning to his father to find out what name he wanted to give him. He asked for a writing-tablet and wrote, 'His name is John.' And all of them were amazed. Immediately his mouth was opened and his tongue freed, and he began to speak, praising God. Fear came over all their neighbours, and all these things were talked about throughout the entire hill country of Judea. All who heard them pondered them and said, 'What then will this child become?' For, indeed, the hand of the Lord was with him.

Abu Gosh Eucharist

Jesus makes himself known in the breaking of the bread

Celebrant: Grace, mercy and peace from God our Father,
and the Lord Jesus Christ be with you;

All: **and also with you.**

Celebrant: As we prepare to meet our Lord in word and sacrament,
let us call to mind and confess our sins ever mindful of
his grace and mercy.

Silence is kept

Lord Jesus you raise us to new life:
Lord have mercy,
Lord have mercy.

Lord Jesus, you forgive our sins:
Christ have mercy,
Christ have mercy

Lord Jesus, you feed us with your body and blood:
Lord have mercy,
Lord have mercy.

Almighty God, have mercy on you, forgive you your sins
and bring you to eternal life. **Amen**

Almighty Father, who in your great mercy gladdened
the disciples with the sight of the risen Lord; give us
such knowledge of his presence with us, that we may be
strengthened and sustained by his risen life and serve
you continually in righteousness and truth;
through Jesus Christ our Lord. **Amen.**

The Gospel The Lord be with you
And also with you.

Hear the Gospel of our Lord Jesus Christ according to
St Luke.

Glory to you, O Lord.

Luke 24:13-35

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, 'What are you discussing with each other while you walk along?' They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, 'Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?' He asked them, 'What things?' They replied, 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.' Then he said to them, 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?' Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?' That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, 'The Lord has risen indeed, and he has appeared to Simon!' Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

This is the Gospel of the Lord
Praise to you O Christ.

Homily

Intercessions

We pray to the Lord saying:

In faith we pray:

we pray to you our God.

Lord, listen to the prayers of your people gathered at your table.

In faith we pray:

we pray to you our God.

Here, where we celebrate how Christ gave his body to be our spiritual food: listen as we pray for his body the Church spread throughout the world, and especially for Christians in this Holy Land.

In faith we pray:

we pray to you our God.

Here, we recognize the presence of Christ who takes away the sin of the world: Listen as we pray for that world and for its peoples, especially where they suffer through war, political unrest or oppression.

In faith we pray:

we pray to you our God.

Here, where we come together in the place where Christ gathered with his friends to make himself known in the breaking of the bread: Listen as we pray for one another, for the friends we have made on this pilgrimage and all whose lives are joined with ours.

In faith we pray:

we pray to you our God.

Here, where we remember the night of Christ's agony and trial: Listen as we pray for all who share his sufferings through fear or pain of distress of any kind.

In faith we pray:

we pray to you our God.

Here, where we join our prayers with the whole company of heaven: Listen as we pray for all who have trusted Christ's promise to raise up on the last day those who receive his body and blood in this holy sacrament.

In faith we pray:

we pray to you our God.

Lord, fill our hunger with the good food that lasts, the bread of God which comes down from heaven and gives life to the world, Jesus Christ your Son our Lord. **Amen.**

The Peace

We are the body of Christ,
by one Spirit we were all baptized into one body.
Let us then keep the unity of the Spirit in the bond of peace.
The peace of the Lord be always with you.
And also with you.

Hymn 31 *Will you come and follow me?*

Eucharistic Prayer

Priest: The Lord be with you;

All: **and also with you.**

Priest: Lift up your hearts:

All: **we lift them to the Lord.**

Priest: Let us give thanks to the Lord our God:

All: **it is right to give thanks and praise.**

Priest: It is indeed right ... praising you and saying:

All: **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory:
hosanna in the highest.**

**Blessed is he who comes in the name of the Lord:
hosanna in the highest.**

The Eucharistic Prayer continues.

All: **Christ has died,
Christ is risen,
Christ will come again.**

The Eucharistic Prayer continues.

Priest:... now and forever.

All: **Amen.**

The Lord's Prayer

The Breaking of the Bread

Priest: We break this bread to share in the body of Christ:

All: **Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God, you take away the sins
of the world: have mercy on us.**

**Lamb of God, you take away the sins
of the world: have mercy on us.**

**Lamb of God, you take away the sins
of the world: grant us peace.**

Priest: This is the Lamb of God, who takes away the sins of the world.
Blessed are those who are called to his supper.

All: **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Post Communion Prayer

God of truth, we have seen with our eyes
and touched with our hands the bread of life.
Strengthen our faith that we may grow in love for you
and for each other; through Jesus Christ our risen Lord.
Amen.

A Pilgrim Prayer

**O God, from scattered lives,
you have brought us together as pilgrims.
As we've journey through this land
which cradled our forebears in faith;
we have walked each day in the footsteps of your Son,
as we return to our homes we ask you to give us
searching minds and responsive hearts,
that we may receive a deepened faith,
newly alive in you. Amen**

Final Prayer as we prepare to travel

**Lord, protect us as we travel,
and guard us from all that harms.
Accept our thanks for this pilgrimage,
and for the privilege of worshipping
you in so many places.
Guide and strengthen us by your spirit,
that we may return home
giving ourselves in love and service
to you and to one another. Amen.**

Hymn 29 *Go forth make people mine*

The Blessing

Christ, who has nourished us with himself the living bread,
make you one in praise and love,
and raise you up on the last day;
and the blessing of God almighty,
the Father, the Son and the Holy Spirit
be among you and remain with you always.
Amen.

Go in the peace of Christ
Thanks be to God.

Pilgrim Prayers

At the start of the day:

May Christ walk the paths we walk;
may his peace be received by all who welcome us,
and his blessing remain on the places through which we pass.

Amen.

At the end of the day:

O thou, most holy and beloved,
our Companion and our Guide along the way, our bright morning star;
raise us up with the dawn of each new day,
for your love is new every morning.

Amen.

NIGHT PRAYER Continued

Leader: Into your hands, Lord, I commend my spirit.

All: **Into your hands, Lord, I commend spirit.**

Leader: You have redeemed us, Lord God of truth.

All: **Glory to the Father and to the Son**

and to the Holy Spirit:

as it was in the beginning is now and shall be forever.

Amen.

Antiphon

Save us, Lord while we are awake;

protect us while we are asleep;

that we may watch with Christ

and rest with him in peace.

Nunc Dimittis

**Lord, now lettest thou thy servant depart in peace:
according to thy word.**

**For mine eyes have seen thy salvation: which thou
hast prepared before the face of all people;**

To be a light to lighten the Gentiles:

and to be the glory of thy people Israel.

Glory to the Father and to the Son

and to the Holy Spirit:

as it was in the beginning is now and shall be for ever.

Amen.

Antiphon

Save us, Lord while we are awake;

protect us while we are asleep;

that we may watch with Christ

and rest with him in peace.

Come to visit us, O God, this night,
so that by your strength we may rise with the new day
to rejoice in the resurrection of your Son,
Jesus Christ our Saviour. **Amen.**

Leader: In peace, we will lie down and sleep
All: **for you alone, Lord, make us dwell in safety.**

Leader: Abide with us, Lord Jesus,
All: **for the night is at hand and the day is now past.**

Leader: As the night-watch looks for the morning,
All: **so do we look for you, O Christ.**

Leader: (Come with the dawning of the day,
All: **and make yourself known in the breaking of the bread.)**

Leader: The Lord bless us and watch over us;
the Lord make his face to shine upon us and be gracious to us;
the Lord look kindly on us and give us peace.

All: **Amen.**

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